

Albuquerque Youth Module I Course (U-6/U-8)
New Mexico Youth Soccer Association

Sunday, September 7th 2008

10:00 am – 1:00 pm	Classroom Session: Course Introduction and Schedule, Philosophy of Coaching, Characteristics of U6/U8 Children, Team and Risk Management, Modified Laws, Prevention and Care of Injuries
1:00 pm – 2:30 pm	Lunch Break
2:30 pm – 3:30 pm	Field Session with U6 Players (6 U6 players required): instructor leads U6 activities, 3v3 game on appropriate field
3:30 pm – 4:30 pm	Field Session with U8 Players (8 U8 players required): instructor leads U8 activities, 4v4 game on appropriate field
4:30 pm – 5:30 pm	Field Session: Instructor explores appropriate U6/U8 activities with candidates as players