

**Albuquerque Goal Keeping Level I Course  
New Mexico Youth Soccer Association**

Sunday, October 5, 2008

11:00 am 1:30 pm	Classroom Session: Course Introduction and Schedule, Goalkeeping theory, Communication, Planning and Evaluating training sessions
1:30 pm 3:30 pm	Lunch Break
3:30 pm 6:30 pm	Field Session: Ready/ Set Position, Handling Techniques, Footwork, Collapse Saves, Basic Shot Stopping, Distribution, Integrating GK's into team practice

Course Location

Highland High School Classroom 114

Course Instructor

Damon Lucero

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